

## Could This Be Labor Pains?

Monday, August 08, 2011 21:30 - Last Updated Monday, September 09, 2013 20:56

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Written by

[Elizabeth](#)



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As I am typing this, I am bouncing on my ball and wondering if I am in early labor. There is no way of knowing until things either progress or die off. But my fingers are crossed that this baby is on his or her way!! I have been having major diarrhea (GROSS) and back pains coming in waves for the past two hours now. I'll have contractions mixed in there too. But it could all be nothing. I don't want to get my hopes up!

To take my mind off of things, I'm just going to start rambling. Don't you just love me!?! My midwife flew back in from England on Monday night and my Mom arrived Wednesday afternoon! That would mean that we are ready for this baby to come. I'm only 38 weeks 5 days. So again, this could all just be nothing!

My mom drove the seven hours up yesterday and has been enjoying every moment with Scarlett so far. I don't know who is happier, my mom or Scarlett! Scarlett is THRILLED to have Mimi here. She only sees her every few months and on skype, so her being here for the next 3 weeks will be wonderful for Scarlett. We visited the library today and checked out a bunch of DVDs and books to entertain Scarlett with. I checked out two new books in hopes that I'll have time to read while nursing this baby. I read more than I ever had in my life when Scarlett was a newborn. However, I didn't have a toddler to chase after. I'm hoping that I have SOME time to read when this one arrives.

I am getting more and more nervous about post-partum depression. I'm actually going to talk to a counselor about it here in the next week. With the move, not having friends here yet, finances sucking, baby #2 arriving, and John's work schedule, I'm just already feeling a bit of the blues. I do not want them to continue or to worsen. The only way to help this is to be proactive. So

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that's my plan. John is supportive and is helping me find someone to talk to. I think it will help for me to "type it out" too. So you all may get a taste of my emotions here soon! I hope you will still like me!

Off to bed. Whether I sleep or not is another question. No worries though; I will make sure to update my column before posting it! J

It is August 5, 2011 – and we welcomed to the world EMMETT WILLIAM this morning at 8:00am on the dot! He weighed in at 7lbs 11oz and 20 inches long!!! I will type up my birth story for you soon!!